

2019年江苏高考英语书面表达—高分句型、词组合集

**——** 摘自**35** 篇 **20** 分以上的高分作文（满分25分）

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| 序号 | **中文意思** | **词组** |
| **高频表达 35 组** | | |
| 1. | 焦距于 | cast a spotlight on / shed light on / cast light on |
| 2. | 努力 | 1.make every effort to do / go to great lengths to do sth /  2.multiply / double sb's effort to do  3.pay sb's best endeavors to do sth  4.strive to do  5.endeavor to do  6.try sb's utmost to do sth |
| 3. | 引起关注 | arouse sb's concern / bring to light the bare fact that |
| 4. | 我认为 | 1.from where I stand / on a personal note / sb hold the firm position that  2.sb take the firm position that |
| 5. | 重要 | 1.it is of vital importance to do  2.The importance of sth can't be stressed/highlighted/underlined too much  / play a crucial/critical role in / sth is of utmost importance  / the significance of sth can't be emphasized too much / sth is indispensable  3.A does not mean the whole world to sb  4.lay more emphasis on  5.It is indispensable for sb to do  6.A is instrumental in doing B |
| 6. | 从未想到 | it never dawns on sb that / it never strikes sb that  / it never hits sb that / it never occurs to sb that |
| 7. | 有可能 | may well do sth / chances are that / have a tendency to do / be inclined to do |
| 8. | 很多 | 1.numerous +C 复  2.be pregnant with E.g. Every phrase in this poem is pregnant with meaning.  3.a host of E.g. A host of showbusiness celebrities have pledged their support. |
| 9. | 越来越多 | an increasing number of +C 复 / an increasing  amount of +U |
| 10. | 源于 | 1. A has its roots in B  2. A is the fountain/source of B  E.g. parents' love is the fountain of our courage and confidence |



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| 11. | 障碍 | the greatest barrier to sb is / A become the biggest hurdle in the way |
| 12. | 相信 | sb cling to the belief that / I am fully convinced that |
| 13. | 处理/处置 | tackle sth / address sth / deal with sth / approach sth  / attend to / handle sth successfully / determinedly |
| 14. | 毋庸置疑 | it is a bare fact that / it is self-evident that |
| 15. | 必须 | 1. it is a must/necessity to do sth  2. sth is a necessity / a must / indispensable |
| 16. | 普遍 | 1.it is not uncommon that  2. it is not unusual that  3. it is not rare / not uncommon / not unusual for sb to do |
| 17. | 辩论 | people's opinions on sth are split /divided / mixed on sth.  E.g. People’s opinions on organ transplant are  hugely divided.  Sth cause/ arouse controversy /debate among sb |
| 18. | 能够 | be capable of doing / have the capability of doing |
| 19. | 联合起来努力 | make a joint/ united / combined/ concerted effort to do |
| 20. | 未来繁荣 | 1.the country is thriving into a promising future  2. embrace a promising future  3.sb will enjoy a bright prospect |
| 21. | 突然（从不）想到 | it suddenly / never dawns on sb that / it strikes sb that / it hits sb that / it occurs to sb that |
| 22. | 扮演 | 1. serve as a lantern illuminating dreadful darkness hopefully  2. serve as / act as / work as / function as / play the role as |
| 23. | 与众不同/脱颖而出 | sb / sth always shine / stand out / distinguish itself |
| 24. | 心存幻想，持有 XXX 错误观  念 | 1.The majority are under the impression that  2. The majority are under the illusion that |
| 25. | 想要做 | 1.with the intention of doing  2.sb have a burning desire to do sth |
| 26. | 结尾句 | 1.write the most beautiful and fantastic page of your life  2.shake off depression for good  3.forgive and forget your past mistakes  4.enjoy a promising prospect  5. embrace a bright future |



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| 27. | 悲伤情感 | 1. feel sb's world broke down  2.with tears rolling down  3.overwhelm myself with sth e.g. overwhelm myself with depression and sadness. |
| 28. | 经历挫折 | 1.as we bump over the dusty track of life  2. slide into despair  3. surrender to the cruel reality  4. overcome obstacles |
| 29. | 该做什么事情了！ | 1.it is ripe time that sb should do sth  2.time is ripe for me to take measures to cut back on sth  3.time is ripe for sb to do  4.It is high time / about time sb should do sth / 5. it is high time / about time sb did sth |
| 30. | 从不同角度看问题 | look at things from a different angle / think out of the box /offer sb a window into sth /offer sb a new insight into sth |
| 31. | 某人/物绝非例外 | there is no exception for sb / sth E.g. We will always feel depressed when confronted with failure. There is no exception for small kids. |
| 32. | 记住 | 1.Root sth in one’s mind  2.Carve sth in one’s mind  3. have sth deeply rooted in one’s mind  4. have sth deeply carved in one’s mind |
| 33. | 把 A 归因于 B | 1. Attribute A to B  2. Owe A to B  E.g. We should never attribute our failure to our circumstances. |
| 34. | 是 A 而不是 B 阻止某人做某 事 | It is not A but B that prevent sb from doing sth  It is not the ‘so-called bonds’ but our fear towards the bonds that prevent us from pursuing our ambitions. |
| 35. | 选择 | 1. Opt for 选择 XX |
| **次高频表达 81 组** | | |
| 1. | 烦恼 | fret over sth  Don't [fret](http://www.jukuu.com/show-fret-0.html) [over](http://www.jukuu.com/show-over-0.html) trifles.别为小事而烦恼。 |
| 2. | 目的 | in a gesture to do / in a bid to do |
| 3. | 平衡 | achieve / keep / strike a balance between A and B |
| 4. | 例如 | take sb as / for an example |
| 5. | （不）辜负期待 | live up to sb's expectation / fall short of sb's expectation |



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| 6. | 应该做 | sb be supposed to do sth / Sb is obliged to do |
| 7. | 压力 | exert tremendous pressure on sb |
| 8. | 面临 | confront sth / be confronted with sth / meet with sth  / in face of |
| 9. | 轻松 | feel at ease |
| 10. | 无法避免 | unavoidably / inevitably |
| 11. | 厌倦 | be fed up with |
| 12. | 隐形地 | invisibly |
| 13. | 加强相互理解 | enhance mutual understanding |
| 14. | 除此以外 | on top of this |
| 15. | 沉浸于做某事 | immerse oneself in sth |
| 16. | 一定会做某事 | be bound to do sth / be destined to do |
| 17. | 有影响 | make a difference  /exert a subtle influence on sb |
| 18. | 对 XXX 有好处 | go a long way towards |
| 19. | 迷茫 | sb is at sea / at a loss |
| 20. | 不知道/不了解 | sb don’t have the slightest idea of sth / sb have an  obscure picture of sth |
| 21. | 记住 | bear / keep it in mind that |
| 22. | 迫使某人做某事 | pressure sb to do / urge sb to do |
| 23. | 进入 /录取 | gain entry/admission/access to |
| 24. | 忧伤 | make sb in agony |
| 25. | 没有时间/精力做 | can't afford time / energy to do sth |
| 26. | 对 XXX 有坏处/害处 | take a heavy toll on |
| 27. | 终结 | bring sth to a full stop / wave goodbye to / say goodbye to / put an end to |
| 28. | 一丝风味/味道 | a taste of E.g. A taste of spring 春天的感觉 |
| 29. | 冲突 | stir up collision / in conflict with |
| 30. | 支持/点赞 | show thumbs-up for sth |
| 31. | 同意 | go with sb's view |
| 32. | 感激 | sb is gratified that |
| 33. | 痛苦 | sb suffer extreme misery and hardship |
| 34. | 鸟瞰 | command a magnificent view of sth |
| 35. | 恶心/讨厌 | sb can't resist my distaste to sth |
| 36. | 追逐梦想 | it is never too late to strive for my dream |
| 37. | 不劳则无获 | there is no such thing as to reap without sowing |
| 38. | 某事永无止境 | sth have no holidays . E.g. Envy / Greed has no holidays |
| 39. | 绝不 | Under no circumstances / At no time / On no condition / By no means can we XXX |

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| 40. | 用某种方法 | employ/adopt some effective measures to do |
| 41. | 意识到 | 1.wake sb to the fact that  2.be awake to sth |
| 42. | 回忆过去 | there was a time when +过去时 |
| 43. | 引用名言 | Proverb has it that  As sb puts it, |
| 44. | 听某人的话如沐春风 | as soft as breeze  Sb’s words are as soft as breeze. |
| 45. | 想开点，放手 | let go sth |
| 46. | 开始做某事 | embark on doing |
| 47. | 优先处理 | what heads/top the list is that |
| 48. | 凸显问题 | So severe is the problem that |
| 49. | 很明显 | 1.we can't straightforwardly deny that  2.It is generally acknowledged that |
| 50. | 相信 | 1.sb commit to the notion that  2.it is deeply rooted in my mind that |
| 51. | 化压力为动力 | turn pressure into incentives for higher goals and ambitious force |
| 52. | 解决问题 | resolve/ tackle/address /settle the problem |
| 53. | 珍视 | hold sth dear |
| 54. | 成功的因素 | sweat is the lubricant of success |
| 55. | 忽略 | overlook the significance of sth |
| 56. | 赢得认可 | gain recognition from others' applause |
| 57. | 消除 | eliminate sth / get rid of sth / wave goodbye to sth /  say goodbye to sth |
| 58. | 强加于人 | impose sth on sb  E.g. Parents should not impose their will on their children. 爸爸不应该把自己的意愿强加给自己的孩 子。 |
| 59. | 把 XXX 撇在一边先不管 | set / put sth aside |
| 60. | 发挥极限 | sth stretched to the limit E.g. Your potential should be stretched to the limit. 你的潜力应该发挥最大 |
| 61. | 创造奇迹 | do / work wonders to/on sb |
| 62. | 内心平和 | inward/ inner peace |
| 63. | 不可避免地做某事 | invariably do sth  E.g. Most parents will invariably send their children to some cramming schools. |
| 64. | 特点 | this noble trait / quality |
| 65. | 以…为骄傲 | Much as we may pride ourselves on sth  E.g. Much as we may pride ourselves on our current achievements, we should keep on acquiring |

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|  |  | abundant knowledge and skills. |
| 66. | 习得知识和技能 | acquire knowledge and skills |
| 67. | 缓解压力 | ease sb's straining nerve / stress/pressure |
| 68. | 虽然很重要 | important as sth is, |
| 69. | 某人/物总是怎样 | sb / sth never fail to do sth WeChat reading never fails to fascinate us. |
| 70. | 就不是 | anything but E.g. Life is anything but a bed full of roses. |
| 71. | 同时 | in the meantime |
| 72. | XXX 并非一帆风顺 | life is not a bed of roses, so is XXX E.g Life is not a bed of roses, so is the pursuing of success. |
| 73. | A 招致了 B | A is an invitation to B |
| 74. | A 促成了 B | A makes for B |
| 75. | 可供选择的方案 | Sth is not the last choice for sb  Working out regularly is not the last choice for us.  规则性的锻炼对我们来说并不是不可取。 |
| 76. | 拥有 | be blessed with  He is blessed with multiple gifts. |
| 77. | 寓意 | Moral  E.g. The moral of sth is simple but profound. |
| 78. | 配备着 | Equip oneself with sth  We should equip ourselves with necessary knowledge and skills. |
| 79. | 某事阻挡了我们走向成功 | Sth block our path to success |
| 80. | 让某人更好地了解了 XX | Lend insight into sth  Recent scientific discovery lends insight into human genes. 最近的科研发现让我们更好地了解了人类的基因。 |
| 81. | 更不用说 | 1.Let alone do sth  2.to say nothing of sth |